

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Shelton Youth & Family Services



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

1. With your child, make up a new unit of measurement. How many fingers long is your child's desk?
2. Go outside with your child and look for "pictures" in the clouds.
3. Ask your child to teach you how to play a game you don't know.
4. Encourage your child to put on a talent show or puppet show. You provide the popcorn and the applause.
5. Celebrate Be Kind to Animals Week. With your child, do something nice for your family pet or feed the birds in a park.
6. At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.
7. Let your child add a few raisins to a glass of clear soda. Watch them rise when bubbles collect on them and fall when the bubbles pop.
8. Talk about different food groups with your child. Together, try to classify the foods in your cupboard.
9. On a cloudy day, take a magnifying glass outside. Let your child look at insects through it.
10. Look at a photo in the news today with your child. Talk about it. Then read the article together.
11. Help your child see the link between positive habits and results.
12. Try spending an entire day without modern technology. What can your family do instead?
13. Tonight, look at the moon. Is it a crescent, full circle or half circle? Have your child draw the shape.
14. It's Physical Fitness and Sports Month. Enjoy some new physical activity you can do together as a family.
15. Pay your child a specific compliment.
16. Watch a sunset with your child.
17. Challenge your child to invent something that will make life easier.
18. Hide 25 pennies around the house. Have your child find as many as possible. Count them. Fewer than 25? Have your child keep looking.
19. Together, hold your noses while you eat. Does it affect the food's taste? Explain that we use the senses of taste *and* smell to perceive flavor.
20. Watch the news with your child. Choose a Person of the Week. Read more about that person.
21. Play a game together without obeying the rules. Then, play with the rules. Which way works better?
22. Look at family photos together from one year ago. Talk about all the ways your child has grown!
23. Plant a windowsill garden with your child.
24. Remind your child that no one is perfect, but we can all learn and get smarter.
25. Play a board game that uses math, such as Monopoly.
26. Talk with your child about leadership. Effective leaders aren't bossy or mean. They make people want to work together.
27. Before your child starts a project, ask "What do you want to learn from this?"
28. Ask your child to create an advertisement for a favorite school subject.
29. Avoid comparing your child to others.
30. Ask your child, "Why don't clouds fall out of the sky?" Read together to find the answer.
31. Have your child add up all the change in your pocket or purse. Help your student practice making change.