

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Shelton Youth & Family Services



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Encourage self-evaluation. Have your teen consider, "Is this the best work I can do?"
- 2. Post a meaningful quotation where your teen is likely to see it.
- 3. Compliment your teen for a responsible action today.
- 4. Ask who your teen's role models are, and why.
- 5. Encourage your teen to proofread in different ways: by reading aloud, by reading back to front, etc. Both can help errors stand out.
- 6. Tuck an encouraging note in your teen's backpack.
- 7. Challenge your teen to combine exercise and learning by listening to an audiobook while working out.
- 8. Ask your teen, "What are 10 things you know now that you didn't at the beginning of the school year?"
- 9. Help your teen open a checking account.
- 10. Give family members marshmallows and toothpicks. See who can build the tallest tower.
- 11. Have your teen figure how much time is available to complete remaining schoolwork and studying before the school year ends.
- 12. Prepare an old family recipe with your teen. Talk about the special dishes handed down through the years.
- 13. Encourage your teen to save regularly for a long-term goal, such as college tuition or a car.
- 14. Today, talk to your teen as you would to a friend or co-worker. How does your teen respond?
- 15. Ask your teen about a recent test. Was it an effective measure of how well your student knew the material?
- 16. Give your teen a genuine and specific compliment.
- 17. Ask what your teen likes about school life.
- 18. Volunteering to host a year-end dinner for your teen's team or club is a great way to observe other teens and gain insight into yours.
- 19. Challenge family members to memorize a short poem to share at dinner.
- 20. Students are very busy at this time of year. Make sure your teen gets plenty of sleep.
- 21. Look for a class you and your teen can take together this summer.
- 22. Ask your teen, "What one thing do you wish we did differently at home?" Be open to your teen's suggestions.
- 23. When communicating with your teen, listen more than you talk.
- 24. Ask your teen, "Which assignments from this past school year do you think you'll remember five years from today?"
- 25. Watch a TV program about the arts with your teen.
- 26. Introduce your teen to historical fiction. It's a great way to put a human face on history.
- 27. Talk with your teen about the best movies you each ever saw. What made them great?
- 28. Remind your teen: A positive attitude toward learning, a strong work ethic and a balanced outlook on life are as essential as grades.
- 29. With your teen, plan a special activity to celebrate the end of the school year.
- 30. In many schools, teens pull year-end pranks. Talk about what's acceptable and what isn't.
- 31. If your teen could change one thing about the world, what would it be?